



# Pounds for Partners



**Planning on losing weight in 2016? Let us help you help Health Partners! Join Pounds for Partners and for every pound you lose, \$1.00 will be donated to Health Partners Free Clinic.**

## **What is Pounds for Partners?**

A FREE program beginning January 16th through February 27th that will not only help you stay motivated and keep you accountable, but you will also be helping Health Partners.

## **What is included in the Pounds for Partners program?**

- Weekly weigh-ins on Saturdays at Can't Stop Running Co. in Piqua.
- Free group walk/run opportunities at Can't Stop Running Co.
- Weigh in at least twice and receive a \$10 gift card to Can't Stop Running Co.

**For every pound lost by participants, \$1.00 will be donated to Health Partners!**

Register for this FREE program at Can't Stop Running Co. to make losing weight and being healthy more fun and help Health Partners along the way! The first weigh-in is January 16th at 8am.

**Can't Stop Running Co.  
321 N. Main St.  
Piqua, OH 45356  
[www.cantstoprunningco.com](http://www.cantstoprunningco.com)**

**Health Partners Free Clinic  
1300 N Co. Rd. 25A  
Troy, OH 45373  
[www.healthpartnersclinic.org](http://www.healthpartnersclinic.org)**